

POSITIVE AFFIRMATIONS

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FOR TEENS

I embrace my flaws because I know that nobody is perfect.

I don't want to look like anyone but myself.

I love myself deeply and completely.

I am thankful

Failure is great feedback.

I learn from my challenges and always find ways to overcome them.

If I can believe it, I can achieve it.

The future is good, and I look toward it with hope and happiness.

I only compare myself to me.

The mistakes I made yesterday are creating the person I'll be tomorrow.

I press on because I believe in my path.

I follow my dreams no matter what.

I am not trying to fit in because I was born to stand out!

